

## LSS COMPANION SERVICES

# ACTIVE. + HEALTHY. INDEPENDENT.

With Neighbor to Neighbor Companions

Neighbor to Neighbor Companions is a bridge to a fuller, more active life for older adults who want to live at home, stay healthy and remain as independent as possible. Our dedicated Neighbor to Neighbor Companions offer assistance with daily activities and appointments, a link to the community and an opportunity for meaningful friendship. This service is offered and available for purchase statewide.

#### TRUSTED, CUSTOMIZED SUPPORT

We partner with you, your family and your health care provider(s) to design a plan that fits your schedule. A trained local Neighbor to Neighbor Companion volunteer will then begin weekly visits tailored to support your specific needs — both at home and by providing you with transportation.

You can depend on quality care from our Neighbor to Neighbor Companions who undergo comprehensive background and driving checks, and our experienced employees are always available to address questions along the way.

### **DETAILS & RATES**

This affordable service is scheduled for a set number of hours each week. During visits, we provide support in your own home as well as transportation to activities in your community for a fixed rate. Our service includes 20 miles of travel per week (or 1,000 miles per year), and you may choose to purchase additional mileage.

## LSS OLDER ADULT SERVICES

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Learn More & Get Started:

877.540.9443 email: neighbortoneighbor@lssmn.org lssmn.org/neighbortoneighbor Learn More & Get Started:

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## LSS COMPANION SERVICES

## **BEAGREAT NEIGHBOR** Become a Neighbor to Neighbor Companion Today

## Make a difference in the life of an older adult, share your skills, meet new people and have fun in the community.

Neighbor to Neighbor Companion volunteers support older adults who need a little extra assistance to continue living at home, staying healthy and remaining as independent as possible.

Through in-home visits a few hours a week, you will offer older adults assistance with daily activities and appointments, a link to the community and an opportunity for meaningful friendship. We carefully match each older adult and Neighbor to Neighbor Companion, and visits are scheduled for weekdays during regular business hours.

# We look forward to partnering with you – the life you change may be your own!

## **BENEFITS**:

- Meaningful opportunity for individuals age 18 and older.
- Meeting new people and learning new things.
- Feeling the satisfaction of giving back.
- Being matched with someone who shares your interests.
- Mileage/public transportation reimbursement.
- Training and recognition.

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